

# **Rosses Athletic Club**

## **Code of Conduct for Children and Young Athletes**

As a young person you are entitled to the best possible environment to participate in sport. You deserve to be given enjoyable, safe sporting opportunities, free from abuse of any kind. You have **rights**, which must be respected, and **responsibilities** that you must accept. You should always treat other athletes and team leaders with fairness and respect.

**You are entitled to:**

- Be safe and to feel safe
- Be listened to
- Be believed
- Be treated with dignity, sensitivity, and respect
- Have your voice heard in your sport
- Participate on an equal and non-discriminatory basis
- Have fun and enjoy your sport
- Experience competition at a level at which you are happy
- Make complaints and have them dealt with
- Get help against those who bully
- Say No
- To protect your body
- Privacy and confidentiality

**You should always:**

- Treat all group or team members and your Sports Leaders with respect
- Act fairly and responsibly at all times, do your best
- Respect other group or team members
- Respect opponents and be gracious in defeat
- Abide by the rules as set out by the group or team you are with
- Support and assist where appropriate with the running of your group

**You should never:**

- Cheat or seek to gain an unfair advantage
- Intimidate, use violence or physical contact that is not welcome
- Shout at or argue with another person unreasonably
- Cause harm to or damage property
- Bully or threaten another person online or offline
- Take banned substances or consume alcohol or recreational drugs (By registering with Athletics Ireland and entering competitions you are accepting the fact that you could be tested for banned substances)
- Spread or circulate rumours online or offline about another person
- Tell lies

By registering with Rosses Athletic club you are agreeing to adhere to this Code of Conduct.